

# Coaching Cycle

## **Planning Conversation**

Coaches mediate by having the planner:

- Clarify goals and objectives
- Determine indicators of achievement
- Anticipate strategies and decisions to achieve goals
- Identify the data gathering focus and procedure

## **Observation**

Data gathered by observing for:

- Evidence of achievement
- Strategies and decisions

## **Reflective Conversation**

**Analyze:** Coaches mediate by having the reflector:

- Summarize impressions and assessment of the event
- Recall information supporting impressions and assessment
- Compare planned with performed strategies and decisions
- Compare planned with achieved results
- Infer relationships between goal achievement and strategies

**Apply:** Coaches mediate by having the reflector:

- Synthesize new learning and prescribe applications



